EUROPEAN BEST PERFORMANCES
NONSTADIA - ROAD RUN AND ROAD WALK 2009

compiled by Ivar Söderlind, statistician of EVAA (10.07.2009)

In 2009, up to July 10, it has been set up 8 new European Best Performance (3 World Best)in Nonstadia events. In the European Veteran Athletic Championship Non Stadia (EVACNS) May 30-31 in Aarhus, DEN it was set up 3 European Best and 1 World Best. Emma Lütti, SUI in W65 improved two European Best: 10 km Road Run (42.07) and Half Marathon 1.32.56. The result in Half Marathon is also World Best. Albert Stricker, SUI brought the European Best in M85 (58.01).

In this new Best List I also have noted 29 modified European Best Performances (11 World Best) with results from 2008 and earlier years.

I have had very good assistance with the Road Run Records from Ken Young, USA, member of the Association of Road Racing Statisticians (ARRS) and with the Road Walk Records from Birger Fält, Sweden, member of ARRS and coordinator of the Race Walking Group. I have also found many results in *"All Time World Rankings - Master Athletics"* which I have checked with Ken and Birger. (http://www.mastersathletics.net/All-Time-Rankings-Track-and-Field-Master.365.0.html)

IAAF has decided that Official Records shall be noted for Road Run and Road Walk. As it often is uncertain when and in which way official measurement of road distances is realized, especially in former Road Competitions, we continue with Best Performance in this European List. The problem of correct measurement is difficult especially in 10 km Road Run and in the Road Walk distances. We will discuss this matter more in WMA and EVAA. The competitions are 10 km run (road), Half Marathon, Marathon and Road Walk 10 km, 20 Km and 30 km (distances in European Championships). When two or more results are noted in one age group and event I the first noted result is the best performance.

I ask you to check the list given below and make it more complete. Please alter or complete in the list and send it to me as soon as possible. You must report all new Best Performances by a Record Application (preferably EVAA:s or WMA:s Record Application)!!

Welcome to the Official EVAA Web Site: www.evaa.ch

WB = World Best

* = modified or new Best Performance in 2009

a = the road distance is not reliably measured
b = the road distance is a point-to-point course
c = the road distance is downhill
d = wrong intermediate time

10 km road run

		Name and country	Born	Meet place	Meet date
M35	28.04	Abdellah Behar,FRA	050763	Berkane,FRA	310301
M40	28.51	Paulo Catarino,POR	200963	Porto,POR	281203
M45	30.15	Alexandre Gonzales,FRA	160351	Brügge,BEL	290696 WVC
*M50	30.35	Tecwyn Davies,GBR	050538	Reading,GBR	161088
*M55	32.02	Martin Rees,GBR	231108	Leeds,GBR	280253
M60	33.51	Patrick Roussel	190347	Narbonne,FRA	240208
M65	35.49	Peter Lessing,GER	180341	Rheinzabern,GER	150406
*M70	39.14	Joop Ruter,NED	190433	Rotterdam,NED	091004
M75	43.15	Edmund Schepp,GER	290131	Wolfskehlen,GER	020206
M80	48.20	Gordon Porteus,GBR	200213	Glasgow,GBR	120895
*M85+	58.01	Albert Stricker,SUI	221023	Århus,DEN	290509 EVC
W35	30.57	Irina Mikitenko,GER	230872	Karlsruhe,GER	130908
*W40	32.25	Priscilla Welch,GBR	221144	Phoenix, AZ,USA	020385
aW40	32.14	Priscilla Welch,GBR	221144	Mobile,USA	300385
W45	33.28	Tatyana Pozdnyakova,UKR	040356	Mobile AL,USA	230302
*W50	34.44	Tatyana Pozdnyakova,UKR	040356	Mobile AL,USA	250306
W55	38.37	Irene Six,FRA	210541	Brügge,BEL	290696 WVC
W55	37.47	Martine Robine,FRA	280453	Caen,FRAU	080608
W60	40.12	Carol Wolstenholme,GBR	191245	Rorhwell,GBR	290407
*W65	41.58	Emma Lüthi,SUI	010344	Payerme,SUI	280309
W70	47.37	Melitta Czerwenka-Nagel,GER	300430	Saarbrucken,GER	210701
W75	50.29	Melitta Czerwenka-Nagel,GER	300430	Saarbrucken,GER	170705
W80+	58.39	Nina Naumenko,RUS	150625	Edmonton,CAN	240705 WMG

Half Marathon

		Name and country	Born	Meet place	Meet date
*M35	1.01.00	Brahim Lahlafi,FRA	150468	Paris,FRA	110307
*M40	1.03.23	Jose Ramos,POR	280768	Lisboa,POR	220309
c	1.02.55	Paulo Catarino,POR	300963	Lisboa,POR	280304
*M45	1.05.50	Pierre Levisse,FRA	210252	Yerres,FRA	160397
a	1.04.57	Alexandre Gonzalez,FRA	160351	Seissan-Auch,FRA	170396
*M50	1.06.42	David Martin Rees,GBR	280253	Stroud,GBR	261003 WB
*M55	1.10.29	Michael Hager,GBR	060950	Linz,AUT	190306
M60	1.14.15	Patrick Roussel,FRA	190347	Lyon, FRAU	210908 WB
M65	1.17.13	Wil van der Lee,NED	231029	Den Haag,NED	230397 WB
*M70	1.23.31	Robert Newell,GBR	090336	Doncaster,GBR	190306
*M75	1.32.58	Luciano Acquarone,ITA	041030	Vado Ligure	040606
*M80	1.39.28	John Keston,GBR	051224	Saint Cloud MN,USA	160405 WB ,
*M85	2.00.05	Georg Gabriel,GER	170221	Nettedal,GER	281006 WB
M90	3.21.27	Wiktor Burgren,SWE	140412	Göteborg,SWE	250502 WB
*W35	1.08.29	Mara Yamauchi,GBR	130873	Maraguame,JPN	010709
dW35	1.08.07	Comstatina Tomescu,ROM	230170	Chicago,USA	221006 WB
*W40	1.09.56	Irina Permitina,RUS	030268	Novosibirsk,RUS	130908 WB
W45	1.11.18	Evy Palm,SWE	310142	Östnor,SWE	160788 WB
W50	1.16.07	Tatyana Pozdnyakova,UKR	040356	New York,USA	260306 WB
W55	1.24.48	Martine Robine,FRA	280453	Valognes,FRA	200408
W60	1.28.04	Claudine Marchadier,FRA	300847	Lyon,FRA	210908
*W65	1.32.56	Emma Lüthi,SUI	010344	Århus,DEN	310509 EVC WB
*W70	1.43.41	Louise Gilchrist,GBR	070333	Wilmslow,GBR	230303
*W75	1.51.39	Louise Gilchrist,GBR	070333	Wilmslow,GBR	300308
*W80+	2.26.34	Giuseppina Gurtner,SUI	050625	Linz,AUT	190306

Marathon

		Name and country	Born	Meet place	Meet date	
M35	2.07.12	Carlos Lopes,POR	180247	Rotterdam,NED	200485	
M40	2.10.33	Mohammed Ezzher,FRA	220460	Paris,FRA	080401	
M45	2.15.51	Kjell-Erik Ståhl,SWE	170246	Berlin,GER	290991	WB
M50	2.22.14	Piet van Alphen,NED	160830	Rotterdam,NED	090483	
M55	2.25.56	Piet van Alphen,NED	160830	Rotterdam, NED	190486	
M60	2.38.15	Luciano Acquarone,ITA	041030	Turku,FIN	280791	WVC WB
*M65	2.42.22	Jean Rannou,FRAU	240435	Reims,FRA	221000	
*M70	3.00.58	John Keston,GBR	051224	Saint Paul MN,USA	061096	
*M75	3.22.59	John Keston,GBR	051224	Portland OR,USA	300901	
	c3.10.57	Luciano Acquarone,ITA	041030	Carpi,ITA	161005	
*M80	3.47.04	Gordon Porteous,GBR	220214	Grenock,GBR	100995	
M85+	4.47.50	Josef Galia,FRG	200298	Rodenback,FRG	060184	
W35	2.19.19	Irina Mikitenko,GER	230872	Berlin,GER	280908	
*W40	2.26.51	Priscilla Welch,GBR	221144	London,GBR	100587	WB
	b2.25.43	Lyudmila Petrova,RUS	071068	New York,USA	280908	WB
W45	2.29.00	Tatyana Pozdnyakova,UKR	040356	Providence,FRA	131002	WB
*W50	2.35.46	Tatyana Pozdnyakova,UKR	040356	Los Angeles,USA	190306	WB
W55	3.01.31	Denise Alfvoet,BEL	131035	Etten-Leur,NED	281090	
	3.00.56	Hildegard Pfeifer, GER	44	Berlin,GER	260999	
W60	3.02.50	Claudine Marchadier,FRA	300847	La Rochelle,FRA	251107	WB
*W65	3.12.56	Emma Lüthi,SUI	010344	Zürich,SUI	260409	WB
*W70	3.45.04	Christa Wulf,GER	111233	Hamburg,GER	180404	WB
W75	4.21.40	José Edith Waller,GBR	160422	Gosport,GBR	270497	
W80+	--					

* = before 1982 it was no official measurement of the marathon distance

10 km road walk

		Name and country	Born	Meet place	Meet date	
M35	38.39	Robert Korzeniowski,POL	300768	Krakow,POL	120604	WB
M40	41.35	José Marin,ESP	210150	Badalona,ESP	280190	
*M45	43.46	Jorge Costa,POR	200361	Rio Maior,POR	250407	
*M50	46.30	Jan Cornelis,NED	310156	Rotterdam,NED	040307	
M55	43.59.8	Adolfs Liepaskains,URS	150710	Aluksne,URS	011065	WB
M60	50.28	Aaro Nokela, FIN	240335	Oulu,FIN	190895	
M65	50.40.9	Gerhard Weidner,GER	150333	Letter,GER	130698	WB
M70	54.00	Arthur Thomson, GBR	220436	London,GBR	040207	WB
M75	55.01	James Grimwade,GBR	170512	Wolverhampton,GBR	270987	WB
M80	61.25.4	James Grimwade,GBR	170512	Solihull,GBR	150893	WB
*W35	41.41	Kjersti Plätzer,NOR	180172	Krakow,POL	300509	WB
W40	47.03	Suzanne Griesbach,FRA	220445	Montreal,CAN	210490	WB
W45	47.29	Siw Ibanez,SWE	090757	Tukums,LET	140903	
W50	50.38	Siw Ibanez,SWE	090757	Göreborg,SWE	150608	
*W55	53.51	Marie Alice Fernandes,POR	260352	Clermont Ferrand,FRA	220308	
W60	55.58	Olga Meyer,FRG	190428	Seelze-Letter,FRG	280589	
*W65	57.19	Heidi Maeder,SUI	231043	La Tour-de-Peilz,SUI	030509	
W70	60.18	Britta Tibbling,SWE	190318	Verona,ITA	250688	EVC WB
W75	67.46	Britta Tibbling,SWE	190318	Miyzaki,JPN	111093	WWC WB
W80	74.12	Aina Engberg,SWE	020223	Århus,DEN	290704	EVC WB
W85+	78.06	Aina Engberg,SWE	020223	Tibro,SWE	200908	WB

20 km road walk

		Name and country	Born	Meet place	Meet date	
M35	1.18.44	Vladimir Andreyev,RUS	070966	Cheboksary,RUS	120604	WB
M40	1.22.38	Yevgeniy Misyulya,BLR	130364	Hildesheim,GER	060604	
*M45	1.27.03	Endre Andrasfay,HUN	150344	Bekescsaba,HUN	090489	
M50	1.33.35	Gerhard Weidner,FRG	150333	Bremen,GER	250683	
M55	1.33.38	Graziano Morotti	150151	Lugano,ITA	020406	WB
M60	1.37.46	Gerhard Weidner,GER	150333	Seelze-Letter,GER	280393	
M65	1.43.34	Gerhard Weidner,GER	150333	Naumburg,GER	230598	WB
M70	1.52.47	Arthur Thomson,GBR	220436	Earls Colne,GBR	060408	WB
M75	1.55.19	James Grimwade,GBR	170512	Melbourne, AUS	291187	WB
M80	2.04.49	James Grimwade,GBR	170512	S Coldfeld,GBR	200692	WB
M85+	2.24.00	James Grimwade,GBR	170212	Gateshead,GBR	010899	WB
*W35	1.25.41	Olimpiada Ivanova,RUS	050570	Helsinki,FIN	070805	WB
W40	1.41.00	Lisa Martine Kehler,GBR	150367	Leamington,GBR	200507	
W45	1.44.42	Siw Ibanez,SWE	090757	Köpenhamn,DEN	111003	
W50	1.49.17	Heidi Maeder,SUI	231043	Brügge,BEL	290696	WVC
W55	1.48.32	Heidi Maeder,SUI	231043	Lugano,SUI	210399	WB
W60	1.59.04	Heidi Maeder,SUI	231043	Riccione,ITA	140907	
*W65	1.58.58	Heidi Maeder,SUI	231043	Metz,FRA	050509	
W70	2.18.39	Maureen Spelman,GBR	081234	Riccione,ITA	140907	WMA WB
W75+	2.39.46	Ursula Theune,GER	210721	Den Haag,NED	300597	EVC WB

30 km road walk

		Name and country	Born	Meet place	Meet date	
M35	2.06.14	Maurizio Damilano,ITA	060457	Sesto S Giovanni,ITA	010592	WB
M40	2.06.34	German Skurygin,RUS	150963	Adler,RUS	080204	WB
M45	2.21.01	Jorge Costa,POR	200361	Leamington,GBR	200507	
M50	2.31.44	Bernard Binggeli,SUI	130246	Brügge,BEL	290696	WVC
M55	2.29.34	Graziano Morotti,ITA	150151	Maranello,ITA	081006	WB
M60	2.42.49	Robert Schouckens,BEL	270528	Brügge,BEL	240689	EVC
M65	2.51.29	Gerhard Weidner,GER	150333	Malta	280401	WB
M70	2.52.47	Arthur Thomson,GBR	220436	Coventry,GBR	120806	WB
M75	3.20.38	Charles Colman,GBR	120517	Brügge,BEL	290696	WVC WB
M80+	3.24.40	James Grimwade,GBR	170512	Brügge,BEL	290696	WVC WB